**Journal of Exercise Science and Physical Activity Review**

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| --- | --- | --- | --- | --- |
|  | **Appropriate** | **Can be improved** | **Must be improved** | **Not applicable** |
| **Abstract** |[ ] [ ] [ ] [ ]
| **Introduction** |[ ] [ ] [ ] [ ]
| **Methods** |[ ] [ ] [ ] [ ]
| **Result** |[ ] [ ] [ ] [ ]
| **Discussion** |[ ] [ ] [ ] [ ]
| **Conclusion** |[ ] [ ] [ ] [ ]
| **References** |[ ] [ ] [ ] [ ]

**General Comments:**

**Special Comments:**

**Inroduction:**

**Methods:**

**Results:**

**Discussion:**

**Conclusion:**